

**BAPTISTE POWER OF YOGA™ and HARMONIA WELLNESS CENTER in PARTNERSHIP
PRESENTS: YTT 200 & 500HR (300HR) YOGA STUDIES -
TEACHERS TRAINING CERTIFICATION WORKSHOP PROGRAM 2017**

Program Description

The 200 credit hour yoga 'study' program course, that also provides yoga teacher training in the process for YTT200-300 at Harmonia Wellness Center Marin uses curriculum established by Yoga Alliance, a national registering organization for yoga teachers and yoga teacher training schools. The course includes 8 weekend intensives along with assigned reading, homework, and practice hour requirements. This is a comprehensive program designed to give students an in-depth of foundational knowledge in yoga techniques, philosophy, anatomy and teaching methodology. For those students simply wishing to deepen their practice without becoming certified as a teacher, the program format allows students to integrate a deep study and practice to enhance life.

Upon successful completion of the YTT200 Or YTT500 course, students will be awarded a Certificate of Completion and be eligible for registration with Yoga Alliance as a Registered Yoga Teacher (RYT) at the 200 or 500 (300HR) hour level.

Program Details

Schedule

The 200 hr course consists of eight weekend intensives spanning 7 months, gathering of in-class hours and attendance at least one Baptiste Retreat. Each weekend consists of many important credit, training and hours of classroom study. This program will apply towards 500 hr program.

Registration:

Yoga Teacher Certification Registration Form: May be hand delivered to Sherri Baptiste with deposit check, or mailed to:

Baptiste Power of Yoga, LLC
P.O. Box 414 Kentfield, Ca 94914
888-804-9642

Yoga Workshops Registrations: for Baptiste Power of Yoga and Harmonia Wellness Center Marin in Partnership Program 2017-

To Register for Workshops Contact: Yoga Dept. Director Allison Berardi

Harmonia Wellness Center-Social Club
2200 Marin Ship Way (10min North of SF)
Sausalito, CA 94925

Contact: Allison Berardi at Harmonia to register 415-819-8524 or 415 332-1432

Dates Weekends 2017:

Immersion Weekends:

May 19, 20, 21, June 23, 24, 25, July 21, 22, 23, August 25, 26, 27, October 13, 14, 15,
October 27, 28, 29, November 10, 11, 12

November 19 Graduation: Certificates of Completion or Yoga Teacher Certification

Oct 20-22 Baptiste Green Gulch Retreat 2017

Other Course Requirements

Completion of assigned reading, weekly practice (in-class hours), homework, registration into the Sherri Baptiste Mentoring Program, four private consults with Sherri Baptiste over the course of the training, and attendance at least one Baptiste Retreat 2017.

Student Progress Information

Completion Requirements Whether the student passes or fails the program is based on completion and participation in the following areas:

Attendance for all required class work totaling a minimum of 180 contact hours

Completion of all required homework assignments

Completion of all participation workshop hour requirements

Performance evaluation based on practicum teaching

Credit for Previous Training

Baptiste Power of Yoga™ School will review and ideally accept when applicable 200 hr credit from previous education, training, or work experience. If the past certification is acceptable for 200 hr recognition, you will be then considered for 500 hr certification, with Sherri Baptiste's acceptance and approval. Sherri Baptiste will have the final word on this.

Definitions of Measures of Progress

Progress will be measured based on attendance at 87-90% of class meetings, completion of assigned homework and submission of a written essay and a sequenced class. If a session is missed, the student will meet with the Program Director Sherri Baptiste or Kate Vogt (tutor) to determine a course of action. If tutoring is required, Tutoring is available for reviewing course content, or to help with missed sessions due to absence. In this case the student will be responsible for tutoring fees at the rate of \$20 per hour to Kate Vogt. Per session Completion of course requirements must be made within eighteen months of initial enrollment.

Grading Methods

Whether the student passes or fails the program is based on attendance, completion and participation in all assignments, observations, and performance evaluations given during the course. It is the student's responsibility to maintain and attend a min of 90% of class workshops/meetings, unless making arrangements to make up time and content missed will result in the student's loss of academic obligations. There is no refund for missed workshops without prior permission from Baptiste Power of Yoga, or Harmonia Yoga Program Director. For missed class periods, students may make arrangements with the instructor to make up missed content and class time. Students are requested to complete makeup assignments within one month of the class period(s) missed.

Please note: Approval for Final Certification is at the sole discretion of Baptiste Power of Yoga, LLC

Admission and Enrollment

Admission Requirements

Prospective students must be at least 18 years (or with guardian's permission) and have a basic knowledge of yoga. The requirements are a minimum of one-year personal yoga experience and a regular yoga practice along with a commitment to participating fully in this program. Students will not

be discriminated against based on race, ethnicity, gender, age, sexual orientation, religion, or physical ability.

Prospective students wishing to apply for admission must submit a completed signed Application for Admission and acknowledge the financial agreement of this mentoring program.

Pricing for Full Program:

Yoga Foundation Workshops 2017: Baptiste - Harmonia Wellness Center Program: Yoga Foundations Program Registration: May – November, 2017 Sessions

- \$3,495 Regular
- \$2,995 Early Bird (before 5/1/17)
- \$2,895 Harmonia Members & Baptiste Registered – Continuing Studies YTT Group

Please note: program and its sessions may be subject to change. A Harmonia Wellness Center Class Card Valued at \$200 will be given to those who register for the full program.

OPTIONAL- MENTORING PROGRAM: Sherri Baptiste Mentoring Program “Yoga Teacher Certification” 200 hr & 500 hr Program 2017:

Cost for the Sherri Baptiste Mentoring Baptiste Power of Yoga Registration ‘Yoga Teacher Certification’ Program: \$1,150 payable to Baptiste Power of Yoga The \$1,150 fee is payable as follows: \$275 at registration; \$275 at the time of completion and receipt of certificate; and at the time of 4 private (50 min) sessions with Sherri Baptiste scheduled over the months of study at \$150 per session.

- Baptiste Power of Yoga and Meditation Green Gulch Retreat: \$595.

Additional training costs will include, and are not limited to only these listed below:

- Cost of books
- Cost of yoga classes or retreats to gather in-class hours

IMPORTANT LEGAL NOTICE: **Having been trained through the Baptiste Power of Yoga™ and Harmonia Wellness - Social Club in Partnership - Teacher Training and Advancing Studies Program, does NOT give the right or permission to use the Baptiste Family or Baptiste, Baptiste Power of Yoga™, or Power of Yoga™ Business name. **Use of the Baptiste name in style of teacher, and or teaching style may be used only with written permission from Sherri Baptiste or Baron Baptiste.

**** Note:** To become and remain actively recognized as a ‘certified yoga teacher’ through the Baptiste Study Programs; Yoga Teacher Insurance must be carried by the Certified Yoga Teacher/Instructor at all times, when and wherever teaching. Baptiste Power of Yoga™, Harmonia Wellness Center-Social Club and/ or Sherri Baptiste Freeman, and or her heirs, are in no way responsible, or liable for the actions of said: certified yoga teacher. It is also recommended that the ‘certified yoga teacher’ register with California Yoga Teachers Association, International Association of Yoga Therapists, and Yoga Alliance following their guidelines of ethics and conduct.